Forest School at Speldhurst

Forest School is an inspirational process, that offers all learners opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences whilst learning new skills in a woodland or natural environment with trees.

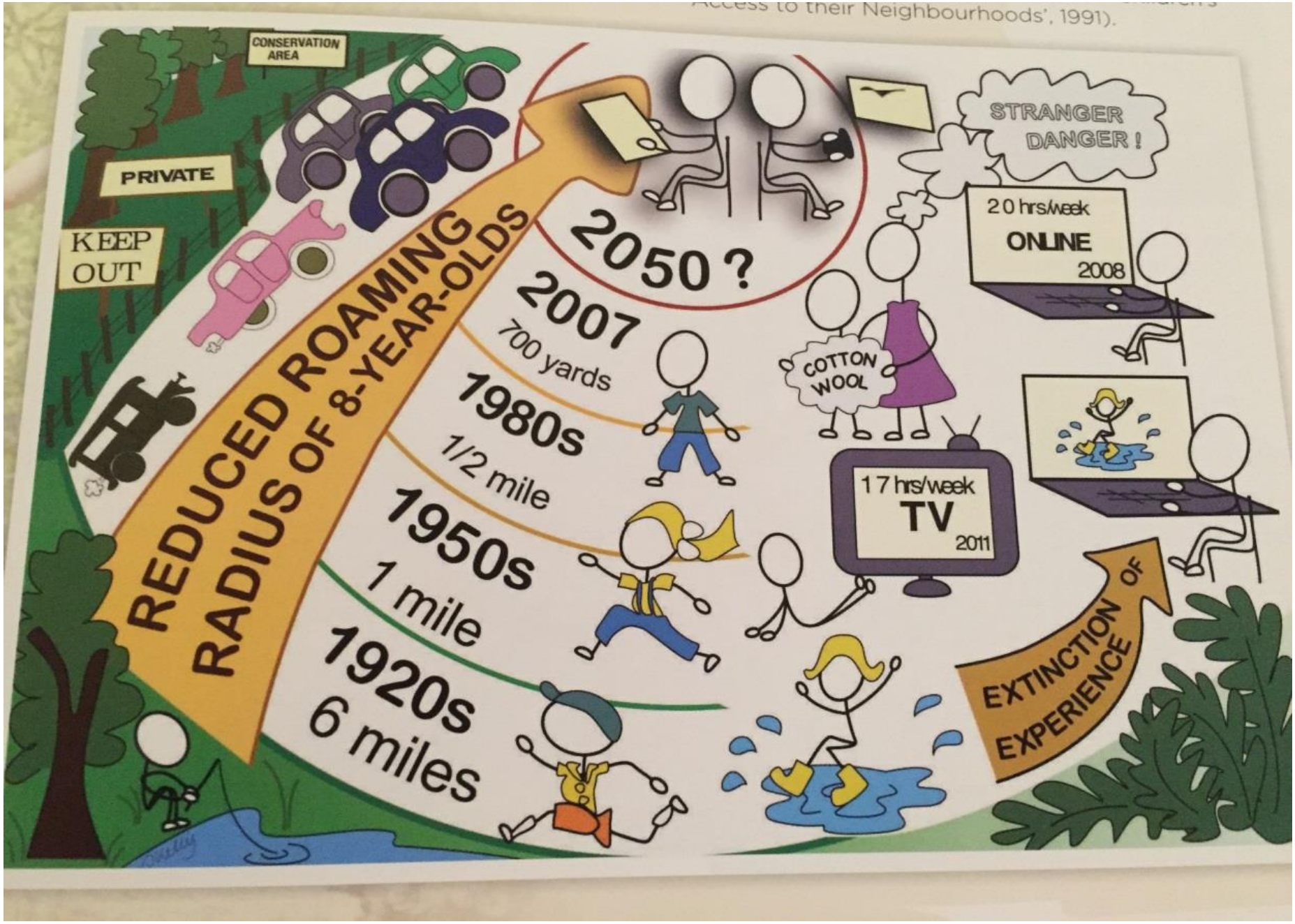
Examples of activities:

- Group and team building games
- Nature games and activities
- Sensory awareness games and activities
- Flora and fauna identification
- Fire building
- Fire lighting
- Cooking on a fire
- Shelter building
- Making items with hand tools
- Whittling
- Use of rope bridges and swings
- Exploration of the area
- Forest art and crafts
- Nature music
- Willow weaving
- Exploring habitats
- Woodland sewing
- Mud sculpture

Learning through activities

- Key skills:
  - -Communication
  - -Team Work
  - -Independence
  - -Problem Solving
  - -Agility and Balance
  - -Survival skills
  - -Knowledge about nature
  - -Tool skills
  - -Creativity
- Links to PE, English, Maths, Science, Art and DT national curriculum

Access to their Neighbourhoods', 1991).



Climbing a tree- working out how to start, testing for strength, feeling how the breeze in your face also sways the branches underfoot, glimpsing the changing vista through the leaves, dreaming about being king or queen of the jungle, shouting to your friends below once you've got as high as you dare – is an immersive 360 degree experience that virtual or indoor settings simply cannot compare with.

- Children grow in:

-confidence

-team work and problem solving skills

-learn to communicate effectively with each other

-motivation and concentration as a lot of forest schools allows children to explore what they are interested in.

- Children learn new physical skills
- Children learn how to stay safe outdoors
- Children develop and interesting in the great outdoors and respect for the environment
- Removes the pressure of academia, children learn at their own pace. <u>All children achieve.</u>
- It’s fun!!

David Attenborough

No one will protect what they don't care about, and no one will care about what they have never experienced.

Bringing nature into the classroom can kindle a fascination and passion for the diversity of life on earth and can motivate a sense of responsibility to safeguard it.

The natural world is the greatest source of excitement; the greatest source of visual beauty; the greatest source of intellectual interest. It is the greatest source of so much in life that makes life worth living.